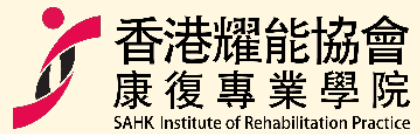


Sharing on the Use of Pilate's Principles in Motor Rehabilitation



(Course code: AE-23B-08)

Workshop 3 of a 3-Workshop Series

A practicum-oriented clinical sharing on the use of principles adapted from traditional Pilates to facilitate the stability in patients with motor control deficits using a movement-based classification and treatment model.

What You will Gain

- understand the concept of the movement-based classification and treatment model
- recognise different functional stability tests and exercises
- explore suitable mat and instrumental exercises for clinical and home settings



16 March 2024 (Sat)
9:00 - 13:00

SAHK
Continuing Rehabilitation Centre
G/F, Tung Wong House, Tai Hang Tung Estate, Shek Kip Mei, Kowloon

Speaker

Mr Alan LAM Physiotherapist, MSc (Sports Med. & Health Sci.)
Certified Clinical Pilates Practitioner and IBITA-Basic Practitioner

Target

Physiotherapist and Occupational Therapist

Accreditations

CPD-PT: 4 points, CPD-OT: 4 points

Fee: \$1,000

Capacity: 12

(first-come-first served)

**Online
Enrollment**



Enquiries

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